

“FACTS ABOUT WORRY”
(Matthew 6:25-34)

Introduction: {FIVE} times Jesus says “*take no thought*”! This word means “to worry”, “to be anxious”, or “to be stressed”.

I. WORRY IS {UN - NECESSARY}

*Matthew 6:25-26 *Philippians 4:19 *Philippians 4:6-7 *I Thessalonians 5:22

*II Kings 6:14-18

Note: Most common source of worry is: {NEEDS}!

II. WORRY IS {UN – PROFITABLE}

*Matthew 6:27-29 *Philippians 3:13-14 *Luke 10:38-42

Note: Another common source of worry is: {UNCHANGABLES}.

III. WORRY IS {UN – BELIEF}

*Matthew 6:30-34 *Matthew 8:23-27 *Lamentations 3:22-23 *Psalm 23:4-6

*Psalm 37:23-25

Note: One of the most frequent sources of worry is: {FEAR ABOUT THE FUTURE}

Conclusion: This text reveals the three things required to conquer worry:
{SALVATION}; {SUPPLICATION}; and {STRONG FAITH}.