

Sermon Notes
August 3, 2008
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“SOME CAUSES AND CURES FOR DISCOURAGEMENT”
(Romans 14:23)

Introduction: Discouragement is one of {**SATAN'S**} greatest weapons. It can lead to {**DEPRESSION**}, {**DESPAIR**}, and {**DEATH**} (John 10:10). Today, we will study some of the strongest believers and how they handled discouragement!

I. **STRESS** (Numbers 11:10-15) (Moses / Elijah)

Note: The Cure for Stress is {**RELAX & REST IN THE LORD**}. (Isaiah 40:28-31; I Peter 5:7; Philippians 4:6-7)

II. **SICKNESS** (II Corinthians 12:7-10) (Paul / Job)

Note: The Cure for Sickness is {**REVIEW**}. (Ecclesiastes 7:14; James 5:13-16; Proverbs 18:14)

III. **SORROW** (Ruth 1:19-21) (Naomi / Mary & Martha)

Note: The Cure for Sorrow is {**RELY ON THE LORD**}. (John 11:21-26)

IV. **SIN** (Psalm 32:1-5) (David / Solomon)

Note: The Cure for Sin is {**REPENTANCE**}. (Proverbs 28:13-14 & Psalm 51:17)

V. **SLANDER** (Jeremiah 20:7-9) (Jeremiah / Jesus)

Note: The Cure for Slander is {**REJOICING**}. (Matthew 5:10-12; Philippians 1:28)

VI. **SET - BACKS** (I Samuel 1:5-10) (Hanna / Ruth)

Note: The Cure for Delays is {**RENEWAL OF OUR FAITH**}. (Romans 14:23; Proverbs 13:12; Psalm 27:13-14 & Psalm 37:4-5)

Conclusion: For every attack of Satan, we need a spiritual {**RESPONSE**} (Romans 12:21 & James 4:7-8).